



NAIRM MARR DJAMBANA

GATHERING BY THE BAY

ONLINE ABORIGINAL ART WORKSHOP

Since March we have been running art workshops on 4 weeks block. Our facilitator is Nina Turner. Nina is a proud aboriginal woman from Kokatha mob in South Australia who has been painting her entire life. Nina is spiritually connected to painting and channels her visions from her aboriginal ancestors. Nina loves nature , animals and making bush medicine from plants shown to her by her elders.



"Last month's art class we had participants from all age groups and they absolutely loved it. They learnt new skills and built new friendships. One participant said "I learnt that our culture didn't use words, just symbols and that our picture tells a story. I really enjoyed it".

Aboriginal art is centred on story telling. It is used as a chronicle to communicate knowledge of the land, events & beliefs. The use of symbols is an alternate way to writing down stories of cultural significance.



It educates the people on how to use the land and survive in it!

Here is our Amanda proudly holding her artwork



ELDERS ONLINE BINGO

Nairm Marr Djambana was please to co-host with Casey Aboriginal Gathering Place on an online bingo session for the elders. It was such a delight to see our Elders being tech savvy. We had over 30 Elders tuned in. Below are 2 of our prize winners.



**PLEASE CALL US ON 9783 1521
ON 0448511521**

DAMPER & CHUTNEY COOKING CLASS

At Nairm Marr Djambana we welcomed spring with an online damper & Chutney cooking class with our volunteer Chef, Tim Hollands. Tim promotes Australian food locally and internationally and is passionate about sharing ideas around food.

Do you know what Damper is? Damper is a traditional Aboriginal bread made by crushing a variety of native seeds, nuts and roots, mixing into a dough, and then baking the dough in the coals of a fire.

We had members from all age groups participated and by the end of the class, some already had started eating and we heard it was delicious. Only if we could smell and taste virtually!



CHEF TIM IN ACTION AND PICTURES BELOW IS FROM A PARTICIPANT. DON'T THEY LOOK DELICIOUS!



UPCOMING EVENTS

Kirrup playtime every Thursday at 10.00am. we read dreamtime stories, and create crafts related to dreamtime stories.

Women's Group every Friday at 10.00am

coffee and a yarn supporting each other through isolation.

Men's Group every Friday from 1.00-3.00pm

Men's yarning group and cultural workshop

Call us on 9783 1521 to join the zoom session or SMS your email address and the program you want to join on 0448511521, or contact us via our Facebook

CULTURAL CORNER

Did you know, traditionally, damper making, was carried out by women? Depending on the season and which part of Australia they lived, women will collect the seeds, grain, legumes, roots or nuts & grind them into a flour and add water to form a dough. Damper were made over a fire.



BAKING OF A DAMPER : PICTURE FROM ABC.NET.AU

